

# Cross-Party Group on Mental Health

Tuesday 20<sup>th</sup> June 2023 at 12:00pm

## Agenda

### 1. Welcome and apologies

### 2. Minutes from previous meeting

- a. Update on Group Agreement and next steps
- b. Findings from meeting accessibility survey, led by Mairi Campbell-Jack (SAMH)

### 3. Mental health, poverty, and the cost-of-living crisis with the Joseph Rowntree Foundation (JRF)

JRF is an independent social change organisation working to solve UK poverty. It aims to inspire action and change, principally through research, producing or inputting into policy on poverty, collaborating with others working to the same purpose and otherwise providing practical solutions. Led by Carla Cebula (JRF), this agenda item has 2 parts:

- a. Presentation on the links between poverty and mental health
- b. Discussion

### 4. The mental health needs of the Ukrainian refugees in Scotland with Feniks

Feniks' recent study, ['The Mental Health Needs of the Ukrainian Refugees in Scotland'](#) explores the mental health and integration needs of the newly arrived Ukrainians settling in Edinburgh, with an intention to address experiences of extreme distress and risks of trauma, suicide and depression, and to explore the need for formal and community-based interventions. A copy of this study has been circulated before the meeting. Led by Agnieszka Morrison (Feniks), this agenda item has 2 parts:

- a. Presentation on key findings from the study
- b. Discussion

## 5. Voice of lived experience

Whilst lived experience does not only have to be heard in this section of the agenda, this is a dedicated space for members to speak about their experience of mental health. This experience does not need to be related to themes discussed in the meeting.

## 6. Any other business and next steps