

## CROSS PARTY GROUP (CPG) ON IMPROVING SCOTLAND'S HEALTH

### ANNUAL GENERAL MEETING

WEDNESDAY 15<sup>th</sup> SEPTEMBER 2021, 5.30PM TO 6.30PM VIA VIDEOCONFERENCE

## MINUTE

### PRESENT

#### MSPs

|                      |   |
|----------------------|---|
| Foyso! Choudhury MSP | Co-Convener, and Convener for today's meeting |
| Brian Whittle MSP    | Co-Convener                                   |
| Joe FitzPatrick MSP  |   |

#### Invited Guests

|                |                          |
|----------------|--------------------------|
| David McColgan | British Heart Foundation |
|----------------|--------------------------|

#### Non-MSP Group Members

|                      |  |
|----------------------|--|
| Annie Anderson       | Scottish Cancer Prevention Network                           |
| Sally Brown          | Scottish Collaboration for Public Health Research and Policy |
| Christina Buckton    | University of Glasgow  |
| Hilda Campbell       | COPE Scotland  |
| Ruth Campbell        | British Dietetic Association                                 |
| Lauren Carters-White | University of Edinburgh                                      |
| Jeff Collin          | University of Edinburgh                                      |
| Elinor Jayne         | SHAAP  |
| Elena Dimova         | Glasgow Caledonian University                                |
| Sheila Duffy         | ASH Scotland   |
| Alison Douglas       | Alcohol Focus Scotland                                       |
| Helen Forrest        | Children's Health Scotland                                   |
| Frederike Garbe      | NHS Lothian  |
| Laurence Gruer       | Individual Member  |
| Kenny Harrison       | Local Licensing Forum, Argyll & Bute Council                 |
| Karen Keeley         | REHIS  |
| Shona Hilton         | University of Glasgow  |
| Daniel Kelly         | Public Health Scotland                                       |
| Mike Lean            | Glasgow Royal Infirmary                                      |
| Andy MacGregor       | ScotCen Social Research                                      |
| Gary Meek            | Glasgow Council on Alcohol                                   |
| Ian McCall           | Paths for All  |
| Nicola Merrin        | Alcohol Focus Scotland                                       |
| Geoff Ogle           | Food Standards Scotland                                      |
| Aidan Reid           | Royal College of Psychiatrists Scotland                      |
| Gemma Richardson     | Royal College of Paediatrics and Child Health                |
| Kirsten Watson       | Glasgow Children's Hospital Charity                          |
| Jonathan Sher        | Independent Consultant                                       |

Jardine Simpson  
Marissa Smith  
Simon Shepherd  
Lorraine Tulloch

Scottish Recovery Consortium  
University of Glasgow  
University of Dundee  
Obesity Action Scotland

## **APOLOGIES**

### **MSPs**

Emma Harper MSP  
Pam Duncan-Glancy MSP  
Alex Cole-Hamilton MSP  
Mercedes Villalba MSP

Co-Convener

### **Non-MSP Group Members**

Kenneth Anderson  
Emma Crawshaw  
Lucia D'Ambroso  
Gillian Bell  
Joseph Carter  
Carol Emslie  
Andrew Fraser  
Mathis Heydtmann  
Amy Hickman  
Muriel Mowat  
Sharon Simpson  
Amy Woodhouse  
Lindsay Paterson  
Jamie Pearce  
Adam Wilson

Individual Member  
Crew 2000  
University of Aberdeen  
University of Glasgow  
Asthma UK and British Lung Foundation Scotland  
Glasgow Caledonian University  
Public Health Scotland  
NHS Greater Glasgow and Clyde  
Breast Cancer Now  
Befriending Networks  
University of Glasgow  
Children in Scotland  
RCPE  
University of Edinburgh  
Families Outside

|                  |   |  |
|------------------|---|--|
| <p><b>1.</b></p> | <p><b>Appointment of Office Bearers</b></p> <p>Sheila Duffy took over chairing the meeting for the purposes of electing Co-Conveners of the Group. For the purposes of re-registering the Group, Sheila Duffy proposed Foyso Choudhury MSP as Convener and Brian Whittle MSP as Co-Convener of the Group. Joe FitzPatrick MSP proposed Emma Harper MSP as Co-Convener, with her permission.</p> <p>No other proposals were made. Foyso Choudhury MSP, Brian Whittle MSP and Emma Harper MSP were accepted by the Group as Co-Conveners.</p>   |  |
| <p><b>2.</b></p> | <p><b>Appointment of Secretariat</b></p> <p>Foyso Choudhury MSP took over chairing the meeting for the purposes of electing the Secretariat of the Group. Joe Fitzpatrick MSP proposed Alison Douglas of Alcohol Focus Scotland and Sheila Duffy of ASH Scotland as co-secretariat. This was seconded by Jonathan Sher and supported by the Group.</p>  |  |
| <p><b>3.</b></p> | <p><b>Purpose of the CPG, name and relevance in this Parliament</b></p> <p>A minor change to the purpose of the Group was proposed, to add the word 'primarily' to allow other relevant issues to be brought in, while keeping the focus on the three areas of alcohol, tobacco and unhealthy food.</p> <p>A minor change to the name of the Group was proposed, to remove '2021 and beyond'.</p> <p>Both changes were agreed by the Group.</p>   |  |
| <p><b>4.</b></p> | <p><b>CPG Membership and conflict of interest</b></p> <p>Alison Douglas explained that when the Group was constituted during the previous Parliament, discussion took place on managing conflicts of interest. The focus of the Group was on how to prevent and reduce harm and improve the evidence base around effective interventions. It was felt that in order to facilitate open discussion and debate that membership of the Group should be restricted to those who share those priorities and to people and organisations who accept the evidence base and do not seek to undermine it in any way. That meant that companies and their vested interests would be excluded from membership although that would not preclude them being invited when the Group felt it was helpful in informing discussion. Alison asked if the Group was happy to continue on this basis, which meant completing a conflict of interest declaration on an annual basis.</p> <p>Sheila noted this does not apply to MSP members, who have their register of interests.</p> <p>The Group agreed to continue its membership and conflict of interest policy.</p> |  |

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| <p>David McColgan provided a summary of the NCD report for the MSPs who had joined the meeting.</p> <p>Brian Whittle MSP supported what David has said, and the need to look for drivers for healthier outcomes. Those affected by NCDs will often have a lack of physical activity within their lives and it was important to look at what would drive people to have an active lifestyle. Sport was a driver of better physical health, with those taking part more cognisant of what they eat and drink, and of their own health more generally. Other drivers of good health include music, art and drama. He believed that price was only one factor.</p> <p>Alison Douglas noted the enthusiasm and broad support for the Group, even with a lighter agenda for this meeting. She thanked members for their continued interest and engagement, and thanked MSPs for their participation</p> <p>Brian Whittle MSP would like to understand what outcomes the Group aimed to achieve, and how to put pressure on the Government given the knowledge contained within the Group. From each meeting, we should be asking what steps should be taken next. It was a very active CPG in the last Parliament, which is why he was keen to be involved again.</p> <p>Foysoil Choudhury MSP agreed and reconfirmed his support for the group.</p> |  |
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**The Convener thanked everyone for coming and closed the meeting.**