

PE1919/T: Ban the sale of high caffeine products to children for performance enhancement

Team Scotland written submission, 10 December 2024

As an organisation supporting performance athletes at a Games, Team Scotland is compliant with the WADA (World Anti-Doping Agency) regulations and a signatory of the UKAD (UK Anti-Doping) major games policy where education is central. As part of education on anti-doping, Team Scotland endorses the messages of assess the need, assess the impact, and assess the risk process on supplements. Caffeine is not a banned substance but is on the 2024 WADA Monitoring Program under stimulants in competition. Should that change, then education to selected athletes will be adapted.

The messaging around Clean Sport and Food First approach is for Scottish Governing Bodies to promote at all levels of sport and in association with **sportscotland** Institute of Sport, these messages are promoted in the run up to a Games by Team Scotland.

Team Scotland is not aware of such products being promoted at sporting events where young people are present or competing. These products are not promoted at Commonwealth Games Federation / Commonwealth Games Scotland sanctioned events.